

## NPTEL Video Lecture Topic List - Created by LinuXpert Systems, Chennai

NPTEL Video Course - Humanities and Social Sciences - NOC:Enhancing Soft Skills and Personality

Subject Co-ordinator - Dr. T. Ravichandran

Co-ordinating Institute - IIT - Kanpur

Sub-Titles - Available / Unavailable | MP3 Audio Lectures - Available / Unavailable

Lecture 1 - Introduction  
Lecture 2 - Introduction  
Lecture 3 - MIND-SET-1  
Lecture 4 - MIND-SET-2  
Lecture 5 - MIND-SET-3  
Lecture 6 - Managing Time-1  
Lecture 7 - Managing Time-2  
Lecture 8 - Handling Delay-1  
Lecture 9 - Handling Delay-2  
Lecture 10 - Assertiveness - 1  
Lecture 11 - Assertiveness - 2  
Lecture 12 - Assertiveness - 3  
Lecture 13 - Managing Negative Emotions  
Lecture 14 - Channelizing Positive Emotions - 1  
Lecture 15 - Channelizing Positive Emotions - 2  
Lecture 16 - People Skills-1-What Makes Others Dislike You  
Lecture 17 - People Skills-2-What Makes Others Like You - 1  
Lecture 18 - People Skills-3  
Lecture 19 - People Skills-4-Being Attractive - 1  
Lecture 20 - People Skills-5-Being Attractive - 2  
Lecture 21 - English Skills  
Lecture 22 - English Skills-2  
Lecture 23 - English Skills-3  
Lecture 24 - English Skills-4  
Lecture 25 - English Skills-5  
Lecture 26 - Significance of Humour in Communication - 1  
Lecture 27 - Humour in the Workplace  
Lecture 28 - Function of Humour in the Workplace  
Lecture 29 - Money and Personality

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- Lecture 30 - Managing Money
- Lecture 31 - Health and Personality
- Lecture 32 - Managing Health-1 Importance of Exercise
- Lecture 33 - Managing Health-2 Diet and Sleep
- Lecture 34 - Love and Personality
- Lecture 35 - Managing Love
- Lecture 36 - Ethics and Etiquette
- Lecture 37 - Business Etiquette
- Lecture 38 - Managing Mind and Memory
- Lecture 39 - Improving Memory
- Lecture 40 - Care for Environment